LEPELLE-NKUMPI LOCAL MUNICIPALITY 2026 GOLDEN GAMES DISTRICT TEAM SELETION

Lepelle-Nkumpi Local Municipality jointly with the Department of Sports, Arts, and Culture held a successful Golden Games Team selection program for older persons over 60 years at Lebowakgomo Stadium on Wednesday, 19 August 2026,, to compete at the District Golden Games which will be hosted on the 02 September 2026 in Polokwane, Seshego Stadium with the hope of being selected for the Limpopo team.

The Golden Games are a local event where persons older than 60 years, compete in various sporting codes. Codes that form part of the Golden Games include athletics (100m, 200m, 400m, 500m 800m, and 4x100-m relay), Soccer, brisk walk, duck walk, dress up, passing the ball, ball relay, ball pass and kick, rugby ball throw, jukskei, ring the stick and goal shooting.

Lepelle-Nkumpi Local Municipality Older Persons Forum Chairperson, Ntate Tladi in his welcoming address encouraged all senior citizen participants to actively participate in these Golden Games and various sporting codes to promote a healthy lifestyle.

He further emphasised that the games are not only about winning medals but also to make older persons live a healthy life in their retirement time. “There is no better clinic or doctor for older persons than to actively participate in the Golden Games as we understand that our number one killer of old persons worldwide is stress. We encourage our older persons to actively participate in exercising themselves for a healthy lifestyle,” said Ntate Tladi.

The Lepelle-Nkumpi Municipality Golden Games team is ready to take on the challenge of representing their community at the prestigious District Golden Games competition. With a talented and dedicated group of athletes and the unwavering support of their community, the team is confident of achieving great things.

“Motho ke motho ka batho”